



POWER POEMS FOR GIRAFFES GLOSSARY

TERMS

DEFINITIONS

SOURCE

3 W'S:

W= Who is our safe person?
W= Where is our safe place?
W= What is our life's purpose?

**CHARITY BURLINGAME
& KATIE BENATOVICH
(2021)**

COPING & RESILIENCY SKILLS:

Skills identified as strengthening resilience and promoting social emotional well-being in order to cope better with adverse challenges individuals may face in life.

**CHARITY BURLINGAME
& KATIE BENATOVICH
(2021)**

EMERGENT BILINGUAL (EB)

A person who is learning an additional language whilst maintaining and developing their home language.

**DR. OFELIA GARCÍA
(2008)**

EMPATHY:

Being able to feel what another person is experiencing
(Idiom: "put yourself in their shoes")

**CHARITY BURLINGAME
(2021)**

MEANING MAKING:

When readers can understand the text using strategies to gain deeper understanding of the text that they are reading or listening to. For example, using Translanguaging Pedagogy to understand the message, tone, and voice of a poem.

**VOGT ET AL
(2015)**

MINDFULNESS:

Actively paying attention to the present moment using a variety of techniques including breathing, yoga, or meditation.

**DAVE POTTER
(2021)
PALOUSEMINDFULNESS.COM**

TRANSLANGUAGING (TLG):

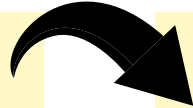
When a person purposefully and strategically uses a combination of languages from their full language repertoire to communicate optimally with the people around them in a specific situation. This includes the use of technology and body language.

**CELIG & SELTZER
(2013)
& BENATOVICH
(2021)**



POWER POEMS FOR GIRAFFES KEY WORD DEFINITIONS

SAD: unhappy



HOPE: desire, wish, dream

JEALOUSY: wanting what someone else has



CURIOSITY : wonder, have a question about

SILLY: funny



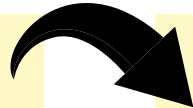
SELF-CONTROL : calm

ANGER: strong feeling of upset



PATIENCE : waiting nicely / calmly

CONFUSION: not feeling sure, not knowing



UNDERSTANDING : feeling sure, knowing

NERVOUS: uncertainty or worry



EXCITED: very happy

DISTRACTED: unable to concentrate



CONNECTED: focused and interested

HANGRY: angry + hungry because you need to eat



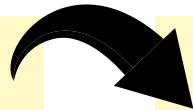
HEALTHY: feeling well, balance of social, physical, & emotional well being

GLOOMY: feeling of hopelessness



FORGIVENESS: accept, let go, move on

UNKIND: unfriendly, not pleasant



KIND: doing good, bringing happiness to others